

Reach new PEAKS of learning! Ways to Help Your Child

PEAKS is a computer-based assessment administered to students in Grades 3-9 (English language arts and mathematics) and grades 4, 8 and 10 (science) each spring. This state-required assessment provides students the opportunity to show their understanding of important skills in these content areas at their grade level.

Here are some ways you can help your child prepare for a test:

- Talk to your child about testing. It's helpful for children to understand why schools give tests. For more information about the importance of taking the PEAKS test, visit www.asdk12.org/peaks.
- Encourage your child. Praise him/her for the things they do well.
 If your child feels confident, he/she will likely do their best on a
 test. Children who are afraid of failing are more likely to become
 anxious about test taking.
- Ensure your child attends school regularly. Testing days are important days to be at school on time to allow for the least stressful testing experience for your child. Avoid scheduling appointments on testing days.
- Help your child get a good night's sleep the night before a test.
- Eat a healthy breakfast the morning of a test. Hunger can distract a child from the task at hand. Many ASD schools serve breakfast. Learn more at www.asdk12.org/studentnutrition.

For more information, including your school's testing schedule, contact your child's teacher or principal.

www.asdk12.org/peaks

Source: U.S. Department of Education



With each test, reach a new peak!

Receive a sticker by taking each test. Collect all the stickers to reach the summit.





PERFORMANCE EVALUATION FOR ALASKA'S SCHOOLS

Reach new PEAKS of learning!

Each spring, Alaskan students are provided an opportunity to show what they know. When students show what they know, teachers and parents can partner to promote student success.

Get ready to reach new peaks of learning during our ASD assessment window.

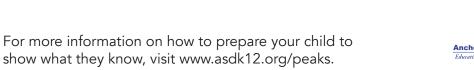
ASD PEAKS window

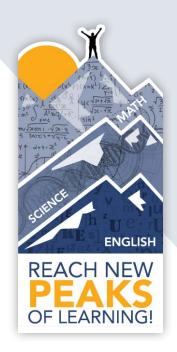
March 25-April 5

(Make-ups: March 26-April 26)

To ensure success, schools need all students present and ready to do their best.







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